

**6<sup>th</sup> SEMESTER**  
**GENERIC ELECTIVE**  
**(FOR NON-PSYCHOLOGY STUDENTS)**

**PSY616G: PSYCHOLOGY: FOUNDATIONS OF PSYCHOLOGY II**

*Credits: 6 (Lectures=4, Tutorials=2)*

**Objective:** *To understand the basic psychological processes and their applications in everyday life.*

**Unit 1: Personality**

Personality: Meaning, nature and theories: (Psychoanalytic and Big Five Personality theory).

**Unit 2:** Intelligence: Meaning and nature of Intelligence,  
Theories of Intelligence: (Multiple Intelligences Theory, Tri-archic Theory and PASS Model of Intelligence).

**Unit3:** Motivation

Motivation: Meaning and Types, Biogenic and Sociogenic motives.  
Theories of Motivation: Maslow's Need Hierarchy Model and McClelland's Achievement Motivation Theory.

**Unit 4:** Emotions

Meaning of Emotions, Aspects of Emotions, Key Emotions.  
Theories of Emotions: (James-Lang, Canon-Bard and Schachter and Singer theory of Emotions).

**TUTORIALS:**

1. Emotional Intelligence
2. Personality Development

**Readings:**

1. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
2. Ciccarelli, S. K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson
3. Feldman.S.R.(2009).Essentials of understanding psychology ( 7th Ed.) New Delhi : Tata Mc Graw Hill.
4. Glassman,W.E.(2000).Approaches to Psychology(3rd Ed.) Buckingham:Open University Press.
5. Schultz, D. P & Schultz, S. E (2012). Theories of Personality. Wadsworth Belmont.
6. Goleman, D. (1995). Emotional Intelligence. New York: Bantam Book.
7. Goleman, D. (1998). Working with Emotional Intelligence. New York: Bantam Books.