

**BACHELORS WITH PSYCHOLOGY AS MAJOR (CT – III)**  
**6<sup>th</sup> SEMESTER**

**PSY622J3 PSYCHOLOGY \_ COMMUNITY PSYCHOLOGY**

**CREDIT: THEORY-4, TUTORIAL-2**

**LEARNING OUTCOMES:**

- *Understand the fundamentals of community psychology and its historical development.*
- *Analyze and evaluate diverse community psychological model.*
- *Explore psycho-social indicators and their impact on development*
- *Develop preventive measures and design programs to boost community development.*

**THEORY (4 CREDITS: 60 HOURS)**

**UNIT-1 INTRODUCTION TO COMMUNITY PSYCHOLOGY**

- Meaning, nature and Scope of community psychology.
- Historical development and overview of community psychology.
- Core values in community psychology
- Role of community psychologist

**UNIT-2 MODELS OF COMMUNITY PSYCHOLOGY**

- Mental health model.
- Social action model.
- Organizational model
- Ecological model.
- The Asset-Based Community Development model

**UNIT-3 PSYCHO-SOCIAL INDICATORS**

- Socialization, family & psychological differentiation
- Alcoholism & drug dependence
- Delinquency & crime
- Sexual harassment & violence

**UNIT-4 PREVENTION & PROMOTION**

- Preventive efforts for mental illness- Primary, Secondary & Tertiary
- Preventing problematic behavior, promoting social competence and social change.
- Program evaluation & program development.

**TUTORIAL: 2 CREDIT (30 HOURS)**

- Presentation and Discussion: "Case Study Analysis"
- Tutorial Activity 1: Community Psychological Interventions.
- Tutorial Activity 2: Community outreach programmes to prevent substance abuse.
- Tutorial Activity 3: Debate on Delinquent behaviour and crime in society.

**READINGS:**

- Korchin, S.J. (1989). Modern Clinical Psychology, Basic Books, New York.
- Mann, P.A. (1978). Community Psychology: Concepts & Applications. The Free Press: New York.
- Orford, J. (2008). Community Psychology: Challenges, Controversies and emerging consensus. John Wiley & Sons.
- Rappaport J. & Seidman, E. (2000). Handbook of Community Psychology. Springer Science and Business Media.