

BACHELORS WITH HOME SCIENCE: HUMAN DEVELOPMENT AS MAJOR (CT – I)

6th SEMESTER

HSC622J1B HOME SCIENCE - HUMAN DEVELOPMENT _ PARENTING IN EARLY CHILDHOOD

CREDITS: 4 (THEORY: 3, PRACTICAL: 1)

OBJECTIVES:

- *To understand the significance of parent's role in early childhood.*
- *To develop skills to involve parents in early childhood education programmes.*

LEARNING OBJECTIVES:

The students will be able to:

- *learn to conduct parent education programmes.*
- *understand the importance of early years*

UNIT I: INDIVIDUAL PARENTING ROLES

1. Changing concept of parenthood and childhood
2. Determinants of parenting behavior
3. Characteristics of the parenting roles: The mothering role; The fathering role

UNIT II: DEVELOPMENTAL INTERACTION IN EARLY CHILDHOOD YEARS

1. Parents role in developing self-awareness in children
2. Family relations and communication
3. Establishing routines and showing responsible behavior

UNIT III: TECHNIQUES OF PARENT EDUCATION IN PRESCHOOL SETTING

1. Parent library, toy library, Parents corner
2. Open house, Individual meetings: Home visits, individual sessions
3. Working with vulnerable families

PRACTICAL/LAB COURSE

1. To organize life skill Educational Programme for adolescents and youth about responsible parenthood

REFERENCES

- Davidov, M., & Grusec, J. E. (2006). Untangling the links of parental responsiveness to distress and warmth to child outcomes. *Child Development*, 77(1), 44-58.
- Goldelein, J.C. (Ed.) (1994). *toys*, Child Development, Cambridge University Press.
- Gupta (1991). *Speaking of Child Care, Everything You Wanted to Know: (2nd Ed.)*. New Delhi: Sterling.
- Gillian, Pugh (1984): *The needs of parents, practice and policy in parent education*, Macmillan.
- Gordon, Thomas (1975): *Parent effectiveness training*, New York: New American Library
- Papalia, D.E., Old, & Feldman, R.D. (2010). *Human Development (10th)* New Delhi: Tata McGraw – Hill Publishing Company Limited.