

BACHELORS WITH EDUCATION AS MAJOR (CT – I)

6th SEMESTER

EDU622J1: EDUCATION _ EDUCATIONAL GUIDANCE & COUNSELLING

CREDITS: THEORY-3 TUTORIAL-1

THEORY (3 CREDITS: 45 HOURS)

After the completion of the course, the students will be able to:

- Understand the role of Guidance services for the development of the children over all personality
 - Understand the fundamentals of counselling and the steps to be followed while counseling.
 - Explore the role & requirements of a counsellor to provide counseling.
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UNIT I GUIDANCE PROCESS

- a) Meaning, Need and Importance
- b) Types of Guidance-Educational Vocational, Personal
- c) Basic Principles of Guidance services

UNIT II COUNSELING

- a) Meaning, Importance and Process
- b) Types of Counseling
- c) Guidance, Counselling & Psycho-therapy

UNIT III THEORIES OF COUNSELLING

- a) Psychoanalytical Theory
- b) Behavioural Theories
- c) Non-Directive theory

PRACTICAL / TUTORIAL BASED

- Preparation of Case History of Gifted or slow learners.
- Preparation of Guidance sheets for Gifted or slow learner.

REFERENCE:

- Arulnagmani (2004).** Career Counselling: A Handbook. New Delhi: Tata McGraw Hill Publishing Company Ltd.
- Gibson. L. Robert & Mitchell (2008).** Introduction to Counselling and Guidance - Prentice Hall of India New Delhi.
- Herr & Spencer (2004).** Career Counseling - A Systematic Approach - Pearson Inc.
- Jennifer M K. (2006).** Understanding Career Counseling – Theory, Research and Practice - Sage Publication,
- Dalaganjan Naik (2004).** Fundamentals of Guidance and Counselling. New Delhi: Adhyayan Publishers and Distributors.
- Chauhan, S. S. (2009).** Principles and Techniques of Guidance. New Delhi: Vikas Publishing House Pvt. Ltd.
- Rao, S. N. (2002).** Counselling and Guidance. New Delhi: Tata McGraw Hill Publishing Company Limited.