

Bachelor with Education as Major
3rd Semester

EDU322J: EDUCATION_PSYCHOLOGICAL FOUNDATIONS OF EDUCATION

Credits: Theory-4, Tutorial-2

Theory (4 Credits: 60 Hours)

Maximum Marks: 100 Minimum Marks: 36

Expected Learning Outcomes

- *Shall make the learners understand about the concept and theories of learning*
- *Shall make the learners understand the various theories and tests of intelligences*
- *Shall abreast the students with dynamics and theories of personality*
- *Shall make the understand the growth and development of adolescents and various defense mechanisms*
- *Shall help the learners to get practical experience of preparing the seminar presentation*

Unit-I Meaning and Theories of Learning:

- a) Concept, Definitions and Characteristics of Learning
- b) Trial and Error – E. L. Thorndike, Conditioning - Pavlov
- c) Operant Conditioning – B. F. Skinner
- d) Social Learning Theory – Bandura

Unit-II Intelligence and Its Tests

- a) Concept of Intelligence & I.Q, and Theories –
 - Two Factor Theory (Spearman)
 - Multi Factor Theory (Thorndike)
 - Group Factor Theory (Turnstone)
- b) Detailed description of the following tests
 - i. Simon – Binet Scale (Verbal Intelligence Test)
 - ii. Cattell’s Culture Fair Test (Non-verbal)
 - iii. Bhatia Battery Performance Test

Unit-III Personality and its Theories

- a) Nature of Personality, Definitions and Meaning.
- b) Personality Characteristics.
- c) Theories of Personality:
 - i. Type Theory – William Sheldon & Carl Gustav Jung.
 - ii. Trait Theory – G.W. Allport
 - iii. Psycho-Analytical – Sigmund Freud.

Unit-IV Adolescence & Mental Health and Hygiene

- a)
 - i) Concept, Characteristics & Problems of Adolescents.
 - ii) Role of Education/ teachers in solving problems of Adolescents.
- b)
 - i) Concept and Characteristics of Mental Health and Hygiene.
 - ii) Mal-Adjustment-Concept, Causes & Symptoms.
 - iii) Adjustment–Meaning, Process and Mechanism – Rationalization, Sublimation, Compensation

Tutorials (2 Credits: 30 Hours)

Max. Marks: 50

Min. Marks: 18

- Unit V**
- i) Book Review on any book prescribed in syllabus or as recommended by the Teacher incharge (Individual/Groups)
 - ii) Seminar presentation (PPT) on any topic from the syllabus
 - iii) Preparation of Psychological Terms (Glossary Type) at least 20

- Unit- VI**
- i) Life sketch of any of the psychologists prescribed in the syllabus.
 - ii) Seminar presentation (PPT) / assignment writing.

iii) Case study of Adolescents – Social and psychological problems.

References:

- Aggarwal, J. C. (2011).** Essentials of Edu. Psychology. New Delhi: Vikas Pub. House.
- Baron, R. A. (1987).** Psychology. Dorling Kindersley. Pvt. Ltd.
- Chauhan, S. S. (1998).** Advanced Educational Psychology. New Delhi: Vikas Pub. House Pvt. Ltd.
- Dandapani, S. (2010).** Advanced Educational Psychology. New Delhi: Anmol Pub. Pvt. Ltd.
- Lindzey, G., Hall, O.S (2012).** Theories of Personality. London: Wiley India Pvt. Ltd.
- Mangal, S. K. (2015).** Advanced Educational Psychology. New Delhi:
- Mattoo, M. I. (2019).** Psychological Foundations of Education. New Delhi: Discovery Publishers.
- Parveen, A. (2011)** Fundamentals of Education. Srinagar: Info-world.
- Shameem, S & others (2018):** Modern Text Book on Education. New Delhi: Anshal Publishers.
- Weiten, Wayne & Lloyd, Margaret, A. (1994).** Psychology Applied to Modern Life. Brooks: Cole Publishing Company Inc.
- Woolfolk, A, E. (1995).** Educational Psychology. Boston: Allyn and Bacon.
- Zastrow, Charles and Ashman, K. K. (1997).** Understanding Human behavior and the Social Environment. Chicago: nelson- Hall Publishers.