

**BA 2<sup>nd</sup> SEMISTER**

**SOCIAL WORK**

**DISCIPLINE SPECIFIC COURSE (Core)**

**SW220C: SOCIAL WORK: SOCIAL WORK INTERVENTION: SOCIAL CASE WORK AND COUNSELLING**

**Total Credits: 4 (Theory) + 2 (Tutorials)**

**Objectives/Expected Learning Outcomes:**

1. Understand the concept of Social Casework.
2. Gain knowledge of basic principles.
3. Understand the application of Social Casework Process.
4. Understand the techniques of Social casework.

**COURSE CONTENT THEORY (4 CREDITS):**

**UNIT I: Introduction to Casework (15 Hours)**

- Social Case Work: Evolution
- Case Work as Method of Social Work
- Values & Assumptions underlying Casework Practice
- Major Principles of Social Casework

**UNIT II: Process of Case Work (15 Hours)**

- Components of Social Case Work;
- Intake and Study;
- Assessment and Intervention;
- Termination and Evaluation.

**UNIT III: Techniques of Case Work (15 Hours)**

- Rapport Building and Relationship;
- Listening, Observation;
- Communication;
- Recording, Reporting.

**Unit IV: Counselling (15 Hours)**

- Counselling: Concept and Relevance to Social Work Practice
- Types of Counselling;
- Process of Counselling;
- Qualities of a counsellor.

**TUTORIALS {2 Credits: 30 Hours}**

Tutorials with duration of 30 Hours shall be based on the assignments given to learners relevant to the course. Book review, Discussion on select readings, screening of documentaries and other feasible activities that the tutor deems relevant for the course.

**READINGS:**

1. Beistek, F.P. (1957). The Casework Relationship. Chicago: Loyola University Press.
2. Pearlman, H.H. (1957). Social Casework: A Problem Solving Process. Chicago: The University of Chicago Press.
3. Timms, N. (1964): Social Casework: Principles and Practice. London: Routledge and Kegan Paul.
4. Younghusband, E. (1966). New Development in Casework. London: George Allen and Unwin.
5. Mathew, G. (1992). An Introduction to Social Casework. Bombay: Tata Institute of Social Sciences
6. Singh, AtulPratap&Girotra, Tanu. (2018). Case Records in Social Work. Lucknow, India: Rapid Book Service.
7. Skidmore, R.A. &Thakhary, M.G. (1982). Introduction to Social Work. New Jersey: Prentice Hall.
8. Upadhayay, R K. (2003). Social Case Work: A Therapeutic Approach. Jaipur: Rawat Publications.