

**BA 3<sup>rd</sup> SEMESTER  
SOCIAL WORK**

**DISCIPLINE SPECIFIC COURSE (CORE)**

**SW320C: SOCIAL WORK: SOCIAL WORK INTERVENTION \_ GROUPS AND COMMUNITIES**

**Total Credits: 4 (Theory) + 2 (Tutorials)**

**Objectives/Expected Learning Outcomes:**

1. Develop understanding of group work as a method of social work.
2. Develop knowledge, skills and techniques to be used by the social worker in groups.
3. Develop capacity to understand the different aspects of community in the context of community organization.
4. Enhance understanding of models, strategies and process involved in working with communities.

**Course Contents:  
(Theory)**

**Unit 1: Introduction to Social Group Work (15 Hours)**

- Groups in social work: Significance and types
- Group work as a Method of Social Work
- Evolution of Social Group Work
- Major Principles

**Unit 2: Techniques and Process of Social Group Work (15 Hours)**

- Skills in group work-I: (*facilitation, analytical thinking*)
- Skills in group work-II: (*Leadership building and Recording*)
- Techniques of group work (*group counselling, group discussion, group decision-making*)
- Stages of group work (Tuckman's)
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**Unit – 3: Understanding community (15 Hours)**

- Community: Concept and Types
- Problems of Communities
- Concept of Community Work
- Community Work as a Method of Social Work
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**Unit – 4: Community Work Practice (15 Hours)**

- Major Principles
- Skills
- Process of Community Work
- Concept of Social Action
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**TUTORIALS {2 Credits: 30 Hours}**

Tutorials with duration of 30 Hours shall be based on the assignments given to learners relevant to the course. Book review, Discussion on select readings, screening of documentaries and other feasible activities that the tutor deems relevant for the course.

**READINGS:**

- Balgopal, P.R.&Vassil, T.V. (1983).*Groups in Social Work: An Ecological Perspective*.New York: Macmillan.
- Charles D. Gravin, Lorraine M. Gutierrez &Maeda, J.Galinsky. (2004).*Handbook of Social Work with Groups*. Jaipur:Rawat Publications.
- Douglas, T. (1972). *Group Processes in Social Work: A Theoretical Synthesis*. Chicester: Johan Wiley & Sons.
- Trecker, H.B. (1972).*Social Group Work: Principles and Practice*. New York: Association Press.
- Bottommore, T.B. (1971). *Sociology: A Guide to Problem and Literature*. Bombay: George Allen and Unwin.
- Giddens, Anthony. (1993). *Sociology*. London: Polity Press.
- Khinduka, S.K. & Coughlin, Bernard. (1965). *Social Work in India*. New Delhi: KitabMahal.
- Lee, Judith. (2001). *The Empowerment Approach to Social Work Practice: Building the Beloved Community*. Columbia Press.
- Ross, M.G. (1967). *Community Organization: Theory, Principles and Practice*. New York: Harper & Row.